

Ascentis Level 1 Award and Certificate

in

Introduction to Health and Social Care

Rule of Combination



Ofqual Numbers:

**Level 1 Award 603/5947/X
Level 1 Certificate 603/5948/1**

Ofqual Start Date:

01/08/2020

Ofqual Review Date:

31/07/2025

Ofqual Certification Review Date:

31/07/2026

Qualification Overview

The Ascentis Level 1 Award and Certificate in Introduction to Health and Social Care offers opportunities for learners to explore and develop knowledge about the health and social care sector to help them decide whether working in the sector is the right choice for them. The qualification's comprehensive coverage of the roles within health and social care allows learners to make decisions with confidence around their first steps in a learning pathway working towards their chosen career.

Learners can progress onto an extensive range of Level 1 and 2 qualifications in early years and health and social care.

There are several features of these qualifications that make them very appropriate for their target learners:

- Unit certification is available for each of the units
- Verification and certification can be offered throughout the year, allowing maximum flexibility for centres
- They can be delivered either as classroom-based courses or as a blended learning programme
- Evidence can be generated within a wide range of organisational contexts, allowing the qualifications to meet the specific occupational requirements of learners

Aims

At the **Award** level, the aims of the qualification are to enable learners to:

- 1 Explore at an introductory level the many potential career pathways in health and social care
- 2 Develop a range of skills needed for working with children and assisting with their learning and development
- 3 Grow their basic understanding of the scope and breadth of roles in the care sector
- 4 Understand how to apply skills and use various activities to enable them to make decisions with confidence about their chosen career

At the **Certificate** level, the aims of the qualification extend to encompass:

- 1 An understanding of the personal skills and attributes that will benefit learners intending to pursue a career in health and social care
- 2 An awareness and understanding of different types of family relationships; this underpins the ability to work effectively with young children and adults

Regulation Codes

Level 1 Award in Introduction to Health and Social Care: 603/5947/X

Level 1 Certificate in Introduction to Health and Social Care: 603/5948/1

Assessment Method

All units are internally assessed through the learner building up a portfolio of evidence that covers the relevant assessment criteria. They are internally assessed and verified by the centre and then externally verified by Ascentis.

Rule of Combination

Ascentis Level 1 Award in Introduction to Health and Social Care

Learners must achieve 7 credits in total to achieve the Award. Learners must achieve the Mandatory unit. The remaining 6 credits are taken from Group B.

Group A - Mandatory Unit

Title	Level	Credit Value	TQT	Unit Reference
Introduction to Health and Social Care	Level 1	1	9	M/504/9889

Group B- Sector Skills

Title	Level	Credit Value	TQT	Unit Reference
Caring for Young Children	Level 1	3	27	T/505/3054
Caring for Your Baby	Level 1	3	27	M/505/8933
Communication Between Children Aged 0–3 Years and Adults	Entry 3	3	30	F/504/9606
Developing Skills for Listening to Children	Level 1	3	27	H/503/8193
Human Growth and Development	Entry 3	3	30	R/505/3675
Introduction to Care Work	Level 1	2	10	M/504/6524
Introduction to Child Care	Level 1	2	10	F/504/7287
Introduction to Food and Nutrition for Children and Young People	Entry 3	3	30	R/505/3210
Introduction to Preparing, Presenting and Keeping Food for Children and Young People	Entry 3	3	30	J/505/8713
Making and Using Story Sacks for Family Learning	Level 1	3	27	R/505/8553
Supporting Children’s Literacy and Numeracy Development	Level 1	3	27	K/504/8711
The Physical and Psychological Needs of Children	Level 1	3	27	K/505/1611
Understanding Nutrition, Performance and Healthy Eating	Level 1	3	27	R/505/3269
Understanding Play	Level 1	3	27	Y/504/9613
Understanding the Principles of Care, Organisational Policies and the Role of the Care Worker	Level 1	3	27	J/505/8808
Using Craft Activities with Children and Young People	Level 1	3	27	D/504/9614
Young Parenthood	Level 1	2	18	K/506/0728

Ascentis Level 1 Certificate in Introduction to Health and Social Care

Learners must achieve 21 credits in total to achieve the Certificate. Learners must achieve the Mandatory unit. The remaining credits are taken from Group B (minimum of 12 credits and maximum of 15 credits) and Group C (minimum of 5 credits and maximum of 8 credits).

Group A - Mandatory Unit

Title	Level	Credit Value	TQT	Unit Reference
Introduction to Health and Social Care	Level 1	1	9	M/504/9889

Group B - Sector Skills

Title	Level	Credit Value	TQT	Unit Reference
Care Planning Skills for the Care Worker	Level 2	3	24	D/505/8703
Caring for Young Children	Level 1	3	27	T/505/3054
Caring for Your Baby	Level 1	3	27	M/505/8933
Communication Between Children Aged 0–3 Years and Adults	Entry 3	3	30	F/504/9606
Developing Skills for Listening to Children	Level 1	3	27	H/503/8193
Human Growth and Development	Entry 3	3	30	R/505/3675
Introduction to Care Work	Level 1	2	10	M/504/6524
Introduction to Child Care	Level 1	2	10	F/504/7287
Introduction to Food and Nutrition for Children and Young People	Entry 3	3	30	R/505/3210
Introduction to Preparing, Presenting and Keeping Food for Children and Young People	Entry 3	3	30	J/505/8713
Making and Using Story Sacks for Family Learning	Level 1	3	27	R/505/8553
Supporting Children’s Literacy and Numeracy Development	Level 1	3	27	K/504/8711
The Physical and Psychological Needs of Children	Level 1	3	27	K/505/1611
The Role of the Care Worker in Caring for the Person with Dementia	Level 2	3	24	T/504/9084
Understanding Child Protection Theory	Level 2	3	30	H/618/1784
Understanding Children’s Social and Emotional Development	Level 2	3	24	H/504/9615
Understanding How Children Learn	Level 2	3	24	K/504/9616
Understanding Nutrition, Performance and Healthy Eating	Level 1	3	27	R/505/3269

Understanding Play	Level 1	3	27	Y/504/9613
Understanding the Principles of Care, Organisational Policies and the Role of the Care Worker	Level 1	3	27	J/505/8808
Using Craft Activities with Children and Young People	Level 1	3	27	D/504/9614
Young Parenthood	Level 1	2	18	K/506/0728
Group C - Personal Development				
Title	Level	Credit Value	TQT	Unit Reference
Developing Personal Confidence and Self-Awareness	Level 1	3	27	D/504/8432
Emotional Intelligence	Level 1	3	27	A/505/4111
Equality and Diversity	Level 1	3	24	D/505/1959
Family Relationships	Level 1	3	27	D/505/1282
Group and Teamwork Communication Skills	Level 1	2	18	J/505/0451
Health and Hygiene in the Home	Level 1	3	27	K/505/8557
Improving Assertiveness and Decision Making	Level 1	3	27	D/505/8555
Improving Own Learning and Performance	Level 1	2	16	D/504/9497
Interpersonal Skills	Level 1	3	27	D/505/4067
Job Seeking Skills	Level 1	3	27	D/505/4103
Personal and Interpersonal Conflict	Level 1	3	27	A/504/8826
Personal Career Planning	Level 1	3	27	H/505/4104
Personal Development Skills	Level 1	3	27	K/505/4069
Personal Relationships	Level 1	3	27	A/618/1628
Preparation for Work	Level 1	3	27	K/505/8848
Preparing for Interviews	Level 1	1	10	M/618/1755
Teamwork Skills	Level 1	2	18	Y/504/9515
Time Management	Level 1	3	27	L/504/8717
Transforming Own Behaviour in Conflict	Level 1	3	27	J/506/5323
Understanding Diversity Within Society	Level 1	3	27	F/505/8807
Understanding Stress and Stress-Management Techniques	Level 1	3	27	R/505/1246
Understanding Welfare at Work	Level 1	3	27	M/506/1993
Understanding Welfare at Work	Level 1	3	30	K/618/6307

Understanding Young People, Law and Order	Level 1	3	27	R/505/4101
Work, Review and Plan	Level 1	3	27	L/505/8616

Unit certification is available for all units.

PLEASE NOTE: Units with the same title at different levels are barred

Guided Learning Hours (GLH)

The recommended guided learning hours for the Level 1 Award is 70.

The recommended guided learning hours for the Level 1 Certificate is 210.

Total Qualification Time (TQT)

The total qualification time for the Level 1 Award is 70.

The total qualification time for the Level 1 Certificate is 210.

Age Range of Qualification

These qualifications are suitable for young people aged 14–19 and adult learners

Contact & Further Information

New Centres please email hello@ascentis.co.uk or call 01524 845046

Existing Centres please visit the Login area of our website to view the full specification.

Product Development for enquiries please email development@ascentis.co.uk